

# Hazelwood School Sample Menu



## Week 1

### Snacks

#### Monday

Selection of fresh fruit

#### Tuesday

Homemade shortbread (G, Mk) & fresh fruit

#### Wednesday

Cheese & crackers (G, Mk) & fresh fruit

#### Thursday

Cheese on toasted bagel (G, Mk) & fresh fruit

#### Friday

Chocolate cookie (G, Mk, S, E) & fresh fruit

### Main Course

Tandoori chicken breast

Roast gammon with gravy

Chicken & ham pie (G, Mk)

Homemade tomato sauce with pasta & grated cheese (G, Mk)

Panini Bar

Ham & cheese  
Cheese & red onion  
Cheese & tuna  
Cheese (G, Mk, F)

### Vegetarian

Tandoori Cauliflower (Gobi Tikka)

Stuffed pepper with red onions & goats cheese (Mk)

Leek & mushroom pie (G, Mk)

Naan bread (G)  
Rice  
Cucumber batons  
Onion salad

Roast potatoes  
Mixed vegetables

New potato  
Mixed vegetables

Garlic bread (G)  
Grated cheese (Mk)  
Mixed vegetables

Waffle fries  
Peas

### On the Side

### Dessert

Apple & peach crumble with custard (G, E, Mk)

Fresh fruit or yoghurt (Mk)

Hazelwood School cake (G, E)

Lemon & poppy seed cake (G, E)

Fresh fruit or yoghurt (Mk)

### Tea

Southern fried chicken wrap with fries (G)

Ham & cheese panini with vegetable crudites (G, Mk)

Penne pasta with homemade tomato sauce (G)

Beef chilli & rice

Jacket potato with beans & cheese (Mk)

# Hazelwood School Sample Menu



## Week 2

### Snacks

#### Monday

Selection of fresh fruit

#### Tuesday

Homemade shortbread (G, Mk) & fresh fruit

#### Wednesday

Cheese & crackers (G, Mk) & fresh fruit

#### Thursday

Pretzel (G) & fresh fruit

#### Friday

Chocolate cookie (G, Mk, S, E) & fresh fruit

### Main Course

Homemade beef meatballs with tomato sauce (G)

Chicken tikka masala

Lingfield sausages with gravy (G, SD)

Crispy chicken fajitas  
Sour cream (Mk)  
Salsa  
Guacamole

Homemade sausage roll (G, E, SD)

### Vegetarian

Vegetarian meatballs with garden tomato sauce (G, E)

Roasted butternut & spinach curry

Vegetarian sausage with gravy (G)

Roasted red onion & goats cheese ciabatta sandwich (Mk, G)

Vegetarian sausage roll (G, Mk, E)

### On the Side

Penne pasta (G)  
Grated cheese  
Mixed vegetables

Naan bread (G, Mk)  
Basmati rice  
Mixed vegetables

Mash potato  
Mixed vegetables

Rice  
Grated cheese (Mk)  
Cucumber & carrot batons

Skinny fries  
Mixed vegetables

### Dessert

Syrup sponge & custard (G, E, Mk)

Fresh fruit or yoghurt (Mk)

Jam & coconut sponge (G, E)

Hazelwood Mess (Mk)

Fresh fruit or yoghurt (Mk)

### Tea

Homemade pizza & chips (G, Mk)

Jacket potato with baked beans & cheese (Mk)

Beef chilli & rice

Macaroni cheese & cucumber crudites (G, Mk)

Penne pasta with tomato sauce & garlic bread (G)

Contains:

Gluten - (G) Egg - (E) Sulphur Dioxide - (SD) Milk - (Mk) Fish - (F) Soya - (S) Mustard - (M) Celery - (C) Shellfish - (SF)

All our menus are free from, Nuts, Tree Nuts, Molluscs. Menu & Allergen subject to change, if you have an allergy **CHECK WITH KITCHEN**

Jacket and / or Pasta Bar available daily

# Hazelwood School Sample Menu



## Week 3

### Snacks

#### Monday

Selection of  
fresh fruit

#### Tuesday

Homemade  
shortbread (G, Mk)  
& fresh fruit

#### Wednesday

Cheese & crackers  
(G, Mk)  
& fresh fruit

#### Thursday

Cheese on toasted  
bagel (G, Mk)  
& fresh fruit

#### Friday

Chocolate  
cookie (G, Mk, S, E)  
& fresh fruit

### Main Course

Mexican chilli with  
tortilla chips  
Sour cream (Mk)  
Salsa  
Guacamole

Homemade  
pepperoni pizza  
(G, Mk)

Beef bolognaise

Chicken korma (Mk)

Battered fish  
fillets (G, F)

### Vegetarian

Margarita pizza  
(G, Mk)

Vegetarian  
bolognaise

Vegetable korma  
(Mk)

Cheddar & chive  
tart (G, Mk, E)

### On the Side

Rice  
Mixed vegetables

Jacket wedges  
Cucumber & carrot  
batons

Penne pasta (G)  
Grated cheese (Mk)  
Mixed vegetables

Rice  
Naan Bread (G)  
Mixed vegetables

Chips  
Mixed vegetables

### Dessert

Chocolate chip  
sponge & custard  
(G, E, Mk)

Fresh fruit or  
yoghurt (Mk)

Apple & toffee  
sponge (G, E)

Lemon & blueberry  
drizzle cake (Mk)

Fresh fruit or  
yoghurt (Mk)

### Tea

Homemade cheese  
& tomato pizza  
Carrot & cucumber  
batons (G, Mk)

Ham & cheese panini  
Cheese panini (G, Mk)  
Carrot & cucumber  
batons

Chicken curry & rice

Tomato & vegetable  
pasta bake (G, Mk)

Jacket potato with  
beans & cheese  
(Mk)

Contains:

Gluten - (G) Egg - (E) Sulphur Dioxide - (SD) Milk - (Mk) Fish - (F) Soya - (S) Mustard - (M) Celery - (C) Shellfish - (SF)

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Jacket and / or Pasta  
Bar available daily