

# Hazelwood School Nursery Sample Menu



**Week 1**

**Snacks**

**Monday**

Selection of  
vegetable sticks,  
crackers, fruit &  
breadsticks (G)

**Tuesday**

Selection of  
vegetable sticks,  
crackers, fruit &  
breadsticks (G)

**Wednesday**

Selection of  
vegetable sticks,  
crackers, fruit &  
breadsticks (G)

**Thursday**

Selection of  
vegetable sticks,  
crackers, fruit &  
breadsticks (G)

**Friday**

Selection of  
vegetable sticks,  
crackers, fruit &  
breadsticks (G)

**Lunch**

Roasted vegetable  
ragu with penne  
pasta, garlic slice &  
peas (G)

Beef chilli with  
brown rice &  
broccoli

Roast gammon with  
gravy, roast potato,  
carrot & sweetcorn

Mild chicken korma  
with hidden  
vegetables, brown  
rice & naan bread  
shard (G, Mk)

Fish fingers with  
chipped potato &  
peas (G, F)

**Dessert**

Freshly cut  
watermelon

Mixed fruit yoghurts  
(Mk)

Freshly cut  
pineapple

Mixed fruit yoghurts  
(Mk)

Ice cream or frozen  
yoghurt (Mk)

**Tea**

Jacket potato with  
baked beans, tuna  
mayonnaise &  
grated cheese (F, Mk, E)

Individual homemade  
pizza with crudites  
(G, Mk)

Vegetable pasta  
with grated cheese  
(G, Mk)

Cheesy broccoli &  
cauliflower bake  
with crudites (G, Mk)

Roast vegetable  
couscous with herby  
bread (G)

Contains:

Gluten - (G) Egg - (E) Sulphur Dioxide - (SD) Milk - (Mk) Fish - (F) Soya - (S) Mustard - (M) Celery - (C) Shellfish - (SF)

All our menus are free from, Nuts, Tree Nuts, Molluscs. Menu & Allergen subject to change, if you have an allergy **CHECK WITH KITCHEN**

# Hazelwood School Nursery Sample Menu



**Week 2**

**Snacks**

**Monday**

Selection of  
vegetable sticks,  
crackers, fruit &  
breadsticks (G)

**Tuesday**

Selection of  
vegetable sticks,  
crackers, fruit &  
breadsticks (G)

**Wednesday**

Selection of  
vegetable sticks,  
crackers, fruit &  
breadsticks (G)

**Thursday**

Selection of  
vegetable sticks,  
crackers, fruit &  
breadsticks (G)

**Friday**

Selection of  
vegetable sticks,  
crackers, fruit &  
breadsticks (G)

**Lunch**

Homemade tomato  
sauce with beef  
meatballs &  
couscous (G)

Lamb beanie pie  
topped with carrot &  
potato mash, served  
with green beans

Roast turkey with  
gravy, roast potato,  
carrot & broccoli

Mild chicken &  
vegetable tikka  
masala with rice &  
naan bread (G)

Battered fish fillet  
& chipped potato  
& peas (G, F)

**Dessert**

Freshly cut  
watermelon

Mixed fruit yoghurts  
(Mk)

Freshly cut  
pineapple

Mixed fruit yoghurts  
(Mk)

Ice cream or frozen  
yoghurt (Mk)

**Tea**

Stuffed jackets with  
homemade beans &  
cheesy potato (Mk)

Cheese & vegetable  
pizza with crudites  
(G, Mk)

Pasta & tomato  
sauce with crudites  
(G, Mk)

Homemade tomato  
& ragu soup with a  
crusty bread roll (G)

Homemade baked  
beans & sausage  
casserole (G, SD)

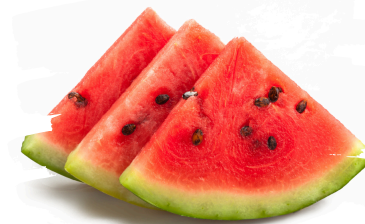
Contains:

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# Hazelwood School Nursery

## Sample Menu



**Week 3**

**Snacks**

**Monday**

Selection of vegetable sticks, crackers, fruit & breadsticks (G)

**Tuesday**

Selection of vegetable sticks, crackers, fruit & breadsticks (G)

**Wednesday**

Selection of vegetable sticks, crackers, fruit & breadsticks (G)

**Thursday**

Selection of vegetable sticks, crackers, fruit & breadsticks (G)

**Friday**

Selection of vegetable sticks, crackers, fruit & breadsticks (G)

**Lunch**

Sausage & herby vegetable stew with new potato & cauliflower & broccoli (G, SD)

Homemade tomato sauce with penne pasta served with garlic bread & peas (G)

Roast chicken supreme with gravy & carrots

Lingfield sausages with swede & potato mash & baked beans (G, SD)

Breaded fish fillet with chipped potato & peas (G, F)

**Dessert**

Mixed fruit yoghurts (Mk)

Freshly cut pineapple

Mixed fruit yoghurts (Mk)

Freshly cut watermelon

Ice cream or frozen yoghurt (Mk)

**Tea**

Spinach & tomato pasta bake with crudites (G, Mk)

Jacket potato with baked beans, tuna mayonnaise & grated cheese (F, Mk, E)

Macaroni cheese with crudites (G, Mk)

Cheese & tomato pitta pocket with cucumber & pepper sticks (G, Mk)

Selection of homemade sandwiches served with crudites (G, Mk)

Contains:

Gluten - (G) Egg - (E) Sulphur Dioxide - (SD) Milk - (Mk) Fish - (F) Soya - (S) Mustard - (M) Celery - (C) Shellfish - (SF)

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# Hazelwood Early Years Puree & Weaning Sample Menu

Hazelwood School Nursery baby purees are steam cooked and then frozen to preserve all nutrients and natural flavours and colours. The range is totally additive and preservative free.

Depending on the age of your child, you may wish to offer finger foods alongside our purees, to help introduce a range of different textures and flavours.



## Vegetable purees (Stage 1)

## Vegetable & meat purees (Stage 2)

## Vegetable & meat dinner purees (Stage 3)

Carrot & pea	Butternut & spinach	Broccoli & cauliflower
Lamb, broccoli & mint	Chicken cauliflower & broccoli	Chicken carrot & onion
Chicken cauliflower & potato	Carrot & sweet potato chicken & rice	Lamb & couscous